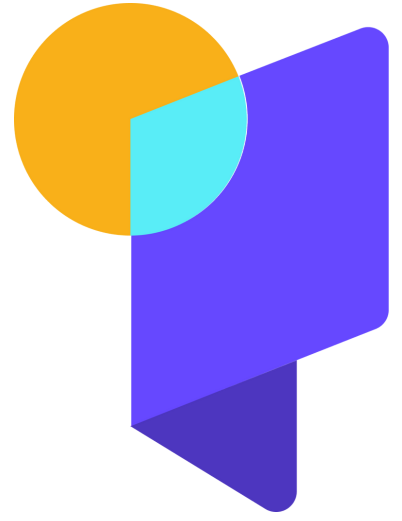


# **Social Media Safety Guide**

[You can use the following guides to send to your students / or print and hang in your classroom]

# Social Media Safety Guide



## Introduction:

Social media platforms have become integral parts of our lives, offering opportunities for connection, expression, and engagement. However, it's crucial to use social media safely and responsibly to protect your privacy and well-being. This guide provides tips and best practices for maintaining a secure and respectful online presence.



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1

Create a Strong Password



- Use a mix of letters, numbers, and symbols.
- Avoid using easily guessable information like birthdays or names.
- Enable two-factor authentication when available.

2

Review and Adjust Privacy Settings



- Regularly check and update your privacy settings on each platform.
- Limit the information you share with the public.
- Customize who can see your posts, photos, and personal details.

3

### Be Mindful of What You Share



- Think twice before posting personal information like addresses and phone numbers.
- Be cautious about sharing vacation plans or other real-time location data.
- Avoid oversharing personal details that could be used for identity theft.

5

### Verify Information Before Sharing



- Before reposting or sharing information, verify its accuracy.
- Beware of fake news and sensationalized headlines.
- Promote fact-checking and responsible sharing within your social circle.

7

### Practice Digital Empathy



- Be kind and considerate in your online interactions.
- Think about how your comments might affect others.
- Avoid participating in online arguments or flame wars.

4

### Recognize and Report Cyberbullying



- If you encounter cyberbullying, don't engage; block and report the user.
- Keep evidence of the harassment, such as screenshots or messages.
- Reach out to a trusted friend or adult if you're a victim of online bullying.

6

### Respect Others' Privacy



- Don't share others' personal information without their consent.
- Avoid tagging people in unflattering or potentially embarrassing posts.
- Respect requests for privacy from friends and acquaintances.

8

### Secure Your Mobile Devices



- Use a strong passcode or biometric authentication on your smartphone.
- Install security updates regularly to protect against vulnerabilities.
- Be cautious about granting apps excessive permissions.

9

## Be Wary of Phishing Attempts



- Don't click on suspicious links or download attachments from unknown sources.
- Verify the authenticity of messages, especially if they ask for personal information.
- Report phishing attempts to the platform and avoid sharing them.

10

## Stay Informed



- Keep up to date with the latest security and privacy features on your social media platforms.
- Educate yourself about online scams and common threats.
- Encourage your friends and family to follow safe online practices.

## Conclusion:

By following these guidelines, you can enjoy the benefits of social media while minimizing risks to your privacy and safety. Remember that responsible online behavior not only protects you but also contributes to a positive digital community.

